

Grade 9 Ultimate everything and handball Skills

Name:

	E	M	A	B
A9-5 apply and refine ways to receive, retain and send an object with increased speed, accuracy and distance in skills specific to an activity				
A9-11 create and plan activities that emphasize specific strategies and tactics that coordinate effort with others; e.g., team/fair play, in order to achieve a common activity goal				
C9-5 develop practices that contribute to teamwork				